

NORTHERN IRELAND MASTERS TRACK & FIELD CHAMPIONSHIPS

SATURDAY 25 June 2016 AT MARY PETERS TRACK

Start Time: Field (Hammer & High Jump) 11.00 -- Track 12.15

Entry Form

Name: _____

Address: _____

Postcode: _____ Tel/Mobile No: _____

Date of Birth : _____ Age Group : _____

Registration Number : _____ Email : _____

Club : _____

Please tick events that you wish to enter :

Women

100m ___ 1500m ___ 3000 Walk ___ High Jump ___ Shot ___
200m ___ 3000m ___
400m ___ 100m Hurdles ___ 80mH ___ Long Jump ___ Discus ___ Javelin ___
___ 800m ___ 300m/400m Hurdles ___ Hammer ___ Triple Jump ___
Weight Throw _____

Men

100m ___ 1500m ___ 3000m Walk ___ High Jump ___ Long Jump ___
200m ___ 5000m ___ 400m ___ 800m ___ Triple Jump ___
110m Hurdles ___ 100mH ___ 80mH ___ 300mH ___ 400mH ___
Shot ___ Discus ___ Javelin ___ Hammer ___ Weight Throw(56lb) ___ (7.26kg) ___
(as available)

Open Senior Wheelchair 800m _____

Please list Personal Bests of each event entered :

Event _____
PB _____

Timetable to be confirmed.

Fee enclosed : _____ (No Fee, No Entry)

£8 non-affiliated / £6 affiliated for first event.

Each extra event £3 up to closing date 19 June 2016.

Late entries on the day at double the fee.

ENTRIES 36 Ormonde Park Belfast BT10 0LS Cheques payable to NIMAA