

MASTERS OPEN CROSS COUNTRY RACES

Incorporating trial for International Cross Country

Saturday 12 October 2013

QUB GROUNDS, UPPER MALONE ROAD, BELFAST

Lady Masters and Ladies Open

Male Masters 65+

Entry Fee £7.00
5K to be held at **11.30am**

Male open

Male Masters 35+

Entry Fee £7.00
8K to be held at **12.15pm**

ONLY FULLY PAID UP MEMBERS OF NIMAA (@ 1 August 2013) WILL BE CONSIDERED FOR SELECTION TO INTERNATIONAL TEAMS

Please Note: unattached and unregistered athletes will be charged an additional £1.00 Entry Fee.

ENTRIES TAKEN ON DAY ONLY

ENTRY FORM – MASTERS OPEN CROSS COUNTRY RACES – SATURDAY 12 OCTOBER 2013

NAME:

ADDRESS:

.....

DATE OF BIRTH: AGE ON RACE DAY

CLUB: MALE FEMALE

Declaration – Please enter me in the above event, for which I enclose the appropriate fee. I understand that the organisers of the event will not be held liable for any injury, loss or illness, however occasioned, resulting from the event.

SIGNED:

Cheques to be made payable to NIMAA