

100m women w35-45						100m women w45 -55					
Pos	No	Name	Club	Time	w-1.3	Pos	No	Name	Club	Time	w-2.3
1	84	Karen O'Donnell	Olympian Y & A.C.	13.92	w35	1	98	Margaret O'Connor	Enniscorthy A.C.	15.32	w45
2	86	Lynsey Brown	city of lisburn	14.15	w35	2	6	Angela Kelly	Giffnock North AC	15.96	w55
3	10	Joanne McCauley	Newry AC	14.74	w40	3	125	Tina Gallagher	OMG AC	16.4	w55
4	162	Sinead Sweeney	Rosses AC	15.48	w35	4	120	Michelle reinhardt Mc Ca	Clones AC	16.82	w45
5	102	Paula Sharkey	Rosses AC	15.86	w35	5	33	Joan Melanophy	St Peters AC	17.81	w45
6	146	Martha Moussally	Fingallians AC	16.15	w40	6	101	Lesley Nelson		0	18.69 w50

100m men m35-45						100m men m50					
Pos	No	Name	Club	Time	w +0.9	Pos	No	Name	Club	Time	w -2.0
1	69	John Corr	Leevale ac	12.1	m45	1	68	Malachy Campbell	Dunleer A.C.	12.93	m50
2	25	Neil McAllister		0	13.29	2	108	Ian Wilson	Orangegrove AC	13.22	m50
3	117	Ian McClung		0	13.47	3	97	John O'Connor	Enniscorthy A.C.	13.74	m50
4	110	John Ward	Dromore AC	13.77	m35	4	58	David Foy		0	14.05 m50
5	103	Tony Sharkey	Rosses AC	14.22	m45	5	89	Robert Anderson	tir chonail	15.01	m50
6	96	Martin O'Donnell	Olympian Youth & AC	25.39	m40						

100m men m60 - 65						100m men m70 & 75					
Pos	No	Name	Club	Time	w-2.0	Pos	No	Name	Club	Time	w -1.1
1	71	Joe Frey	Lagan Valley AC	14.77	m60	1	139	Earl Taylor	Mid Ulster AC	16.28	m70
2	109	Seamus Agnew	Ballymena & Antrim AC	14.90	m60	2	72	Frank Stewart	City of Derry Spartans	17.21	m80
3	160	Thomas Clinton	Navan AC	15.02	m65	3	151	Richie Kelly	DCTC	24.92	m75
4	40	Bob Douglas	Ballymena & Antrim AC	15.09	m60	4	64	Gerry Carson	Victoria Park & Connswater Ac	33.14	m75
5	31	George Gribben	Orangegrove A C	15.25	m60						
6	4	David Leech	Blackrock A.C. (Dublin)	15.28	m65						
7	3	Ramsay Sloss	Sligo A.C.	15.34	m65						

3000m walk combined					
Pos	No	Name	Club	Time	w -2.8
1	48	Patrick Murphy	Castleisland AC	14.53.83	M55
2	47	Bobby King		0	17.05.69 M70
3	46	Sean McMullin	Mullingar Harriers Ac	17.46.72	M70
4	169	Helen Gilmour		0	22.51.17 W60

110m hurdles M35-45

100m hurdles m50 & 60

Pos	No	Name	Club	Time	w -2.0	Pos	No	Name	Club	Time	w -1.4
1	44	Trevor mcGlynn	Omagh Harriers	20.09	m40	1	112	Robert reynolds	84cm	16.78	M60
2	83	Patrick Galvin	FINN VALLEY	20.39	m40	2	15	Ronan Gately	Dundrum South Dublin A.C.	19.75	m50
3	75	Martin Mooney	Inishowen AC	21.16	m35	3	97	john o'connor	Enniscorthy A.C.	21.88	m50

80mHurdles, W40+, M70

Pos	No	Name	Club	Time	w -2.9
1	81	Geraldine Finegan	North east runner dundalk	14.08	w50
2	144	jan Cervenkova	Lagan Valley AC	16.08	w45
3	24	Mary barrett	Loughrea A.C.	17.44	w60
4	98	Margarte O'connor	Enniscorthy A.C.	17.68	w45
5	91	Rosemary gibson	north east runners	17.78	w45
6	139	Earl Taylor	Mid Ulster AC	18.00	m70

800m women

Pos	No	Name	Club	Time
1	94	Catherine Diver	Beechmount Harriers	2.22.83 w40
2	130	Elaine Connor	Derry Track Club	2.24.64 w40
3	45	Maria Dunne	ST LAURENCE O'TOOLE	2.24.97 w40
4	56	Lynn Lyness	City of Lisburn AC	2.28.79 w40
5	16	Alison Gilliland	unattached	2.29.26 w40
6	34	Rhonda Brady	ballymena and Antrim	2.36.84 w45
7	127	Joy McAleer	City ofburn Lisburn AC	3.06.02 w55

800m men M35, M40, M45

Pos	No	Name	Club	Time
1	167	Martin Cox	Carmen Runners	2:05.28 M25
2	100	Stephen Orr	Orangegrove AC	2:09.59 M40
3	53	Barry Monaghan	Newry AC	2:14.21 M45
4	132	Lee Maginnis	Newry AC	2:20.12
5	5	Sean Farquhar	St. Peter?s	2:23.66 M45
6	61	Kyle Montgomery	Victoria Park & Connswater Ac	2:26.14 M35
7	60	Raymond Leitch	Victoria Park & Connswater Ac	2:28.82 M40
8	149	David Taylor	C of Lisburn AC	2:29.53 M45
9	175	Rodney Corrigan	Orangegrove AC	2:30.29

800m men m55

Pos	No	Name	Club	Time
1	116	Cathal McLaughlin	DCTC	2:12.65 M50
2	43	David Clarke	North Belfast Harriers	2:16.80 M55
3	166	Chris Woods	Orangegrove AC	2:31.43 M50
4	59	Gary Keenan	Victoria Park & Connswater	2:37.18 M55
5	28	Philip Brines	Lagan Valley AC	2:39.82 M55
6	27	John McCooley	North East Runners A.C.	2:40.12 M55
7	123	Ciaran Hunter	Beechmount Harriers	2:49.41 M50
8	148	Vincent Bradley	NBH	2:55.54 M55

800m men M60+

Pos	No	Name	Club	Time
1	128	Robert Bigger	Derry Track Club	2:23.71 M60
2	143	Gerry O'Doherty	Springwell Runners	2:32.35 M60
3	99	Jim Harris	Orangegrove AC	2:57.03 M70
4	12	Ray Aiken	Keith & District AAC	3:00.11 M65
5	80	Barry Morris	City of Lisburn AC	3:03.91 M65
6	157	Alan Keys	Annadale Striders	3:48.30 M65

200m women w35-45

200m women w50+

Pos	No	Name	Club	Time	w-2.2	Pos	No	Name	Club	Time	w-1.9
1	84	Karen O Donnell	Olympian Y & A.C	29.14	W35	1	38	Carol Kearney		0	30.65 W50
2	111	Niamh McGuire	Rathkenny A.C.	29.95	W45	2	6	Angela Kelly	Giffnock North AC		33.65 W55
3	162	Sinead Sweeney	Rosses AC	33.17	W35	3	125	Tina Gallagher	OMG AC		34.05 W55
4	102	Paula Sharkey	Rosses AC	33.59	W35	4	145	Ruth Perioli	Ballydrain Harriers		34.41 W60
5	33	Joan Melanophy	St Peters AC	36.72	W45	5	77	Danea Herron	City of Derry Spartans AC		37.76 W55

200m men m35-40						200m men M45, M50, M55						
Pos	No	Name	Club	Time	w-1.3	Pos	No	Name	Club	Time	w-1.2	
1	161	Glenn Scullion	Mid Ulster AC	24.89	M35	1	69	John Corr	Leevale ac		24.84 M45	
2	73	Brian Boyce	An Ríocht A.C.	25.17	M40	2	92	Shane Smith	St. Annes A.C.		26.05 M45	
3	174	David Rock	Father Murphy's	25.64	M40	3	68	Malachy Campbell	Dunleer A.C.		26.35 M50	
4	25	Neil McAllister		0	27.30	M40	4	32	Patrick Crossan	Patrick Crossan		26.45 M55
5	110	John Ward	Dromore AC		27.78	M35	5	108	Ian Wilson	Orangegrove AC		27.80 M50
							6	103	Tony Sharkey	Rosses AC		30.69 M45

200m men m60						200m men M65, M70, M75					
Pos	No	Name	Club	Time	w-2.6	Pos	No	Name	Club	Time	w-1.4
1	71	Joe Frey	Lagan Valley AC	30.85		1	160	Thomas Clinton	Navan AC		30.92 M65
35-	40	Bob Douglas	Ballymena & Antrim AC	31.34		2	3	Ramsay Sloss	Sligo A.C.		31.01 M65
3	109	Seamus Agnew	Ballymena & Antrim AC	31.47		3	99	Jim Harris	Orangegrove AC		32.17 M70
4	31	George Gribben	Orangegrove A C	32.40		4	64	Gerry Carson	Victoria Park & Connswater Ac		32.3 M75
						5	151	Richie Kelly	DCTC		51.59 M75

1500m female 35-50						200m men M65, M70, M75					
Pos	No	Name	Club	Time		Pos	No	Name	Club	Time	
1	119	Denise Toner	Clones AC	4.55.89	W40	1	43	David Clarke	North Belfast Harriers	4.53.43	M55
2	94	Catherine Diver	Beechmount Harriers	5.01.70	W40	2	128	Robert Bigger	Derry Track Club	5.13.96	M60
3	90	Gemma McDonald	Ballycastle Runners	5.07.43	W35	3	143	Gerry O'Doherty	Springwell Runners	5.19.17	M60
4	172	Edyta Roztcka-Gabrys	Victoria park and Connswate	5.57.02	W40	4	28	Philip Brines	Lagan Valley AC	5.21.08	M55
						5	59	Gary Keenan	Victoria Park & Connswater Ac	5.21.56	M55
						6	173	Malcolm McCausland	Derry Track Club	5.59.52	M65
						7	148	Vincent Bradley	NBH	6.02.85	M55
						8	12	Ray Aiken	Keith & District AAC	6.10.85	M65
						9	114	Pat O'Driscoll	North Down AC	8.47.57	M70

400m women						400m men 40-45					
Pos	No	Name	Club	Time		Pos	No	Name	Club	Time	
1	130	Elaine Connor	Derry Track club	1.04.13	W40	1	118	Shane King	Clones AC		53.59 M40

2	84	Karen O'Donnell	Olympian Y&AC	1.05.36	W35	2	150	Eoghan devlin	Mid Ulster AC	54.11	M40
3	45	Maria Dunne	St Laurence O'Toole	1.06.88	W40	3	73	Brian Boyce	An Roicht AC	54.67	M40
4	94	Catherine Diver	Beechmount Harriers	1.07.10	W40	4	92	Shane smith	St Annes AC	58.91	M45
5	111	Niamh McGuire	Rathkenny AC	1.07.46	W45	5	126	David Fletcher	Orangegrove	1.01.63	M40
6	38	Carol Kearney		1.09.20	W50	6	5	Sean Fuhararq	St Peters	1.02.86	M45
7	145	Ruth Perioli	Ballydrain harriers	1.13.48	W60						

400m men - 50 - 55					400m men 60+				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	116	Cathal McLaughlin	DCTC	58.78 M50	1	99	Jim Harris	Orangegrove AC	1.15.46 M70
2	128	Robert Bigger	Derry Track Club	1.03.59 M60	2	3	Ramsay Sloss	Sligo A.C.	1,17,23 M65
3	155	David Quigg	Orangegrove AC	1.10.51 M60	3	37	Gerry Ward	Orangegrove AC	2.02.23 M85
4	40	Bob Douglas	Ballymena & Antrim AC	1.12.22 M60					
5	27	John McCooney	North East Runners A.C.	1.17.25 M55					

1500 men 35-50					1500m Men m50+				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	167	Martin Cox	Carmen Runners	4.19.15 M35	1	43	David Clarke	North Belfast Harriers	4.53.43 M55
2	113	Cathal Logue	City of Derry AC Spartans	4.24.11 M35	2	128	Robert Bigger	Derry Track Club	5.13.96 M60
3	2	Paul Horan	North Belfast Harriers	4.24.37 M40	3	143	Gerry O'Doherty	Springwell Runners	5.19.17 M60
4	21	Simon Doyle	Victoria park and Connswate	4.24.78 M40	4	28	Philip Brines	Lagan Valley AC	5.21.08 M55
5	51	Nigel McKibben	Dromore AC	4.29.58 M45	5	59	Gary Keenan	Victoria Park & Connswater Ac	5.21.56 M55
6	53	Barry Monaghan	Newry AC	4.44.32 M45	6	173	Malcolm McCausland	Derry Track Club	5.59.52 M65
7	61	Kyle Montgomery	Victoria park and Connswate	5.08.56 M35	7	148	Vincent Bradley	NBH	6.02.85 M55
8	60	Raymond Leitch	Victoria park and Connswate	5.13.82 M40	8	12	Ray Aiken	Keith & District AAC	6.10.85 M65
9	149	David taylor	City of Lisburn AC	5.21.52 M45	9	114	Pat O'Driscoll	North Down AC	8.47.57 M70
10	123	Ciaran Hunter	Beechmount Harriers	6.01.88 M50					

400mH men					400m H women 35-45				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	32	Patrick Crossan	St annes	1.08.38 M55	1	86	Lynsey Brown	City of Lisburn	1.22.40 W35
2	15	Ronan Gateley	Dundrum South Dublin AC	1.10.47 M50	2	10	Joanne McAuley	Newry AC	1.26.39 W40
3	75	Martin Mooney	St Laurence O'Toole	1.12.26 M35	3	91	Rosemary Gibson	North East runners	1.31.75 W45

3000m combined					300mH combined				
Pos	No	Name	Club	Time	Pos	No	Name	Club	Time
1	129	Neil Carty	North Belfast Harriers	10.12.71 M50	1	128	Robert Bigger	Derry Track Club	56.09 M60
2	90	Gemma McDonald	Ballycastle Runners	10.48.00 W35	2	81	Geraldine Finegan	North east runner dundalk	1.07.27 W50
3	87	Mark McKeown	Armagh AC	10.55.20 M40	3	139	Earl Taylor	Mid Ulster AC	1.09.62 M70

4	177	Marina Murphy	Derry Track club	10.59.85	W35
5	66	Jenny Black	VPCAC	11.04.88	W40
6	59	Gary Keenan	VPCAC	11.20.48	M55
7	67	Sarah Jane Guiney	VPCAC	11.37.20	W35
8	147	Maria Morris	Beechmount Harriers	11.57.21	W40
9	123	Ciaran Hunter	Beechmount Harriers	12.50.38	M50
10	114	Pat O'Driscoll	North Down AC	15.04.91	M70

5000m combined

Pos	No	Name	Club	Time	
1	156	Mark McKinstry	NBH	15:23.03	M35
2	14	Gary Henderson	Armagh AC	16:27.22	M45
3	41	Christopher Moren	Willowfield Harriers	16:34.49	M35
4	158	Barrie Atkinson	U/A	16:45.20	M40
5	13	Gavin McGlinchey	City of Derry Spartans	16:57.38	M40
6	178	Conor McMullan		17:09.75	M45
7	122	Garry Morrow	Willowfield Harriers	17:14.15	M35
8	85	James Turtle	Ballymena Runners	17:34.21	M50
9	54	Diarmuid O'Kane	City of Derry Spartans	18:03.90	M40
10	63	Ian Lockington	Victoria Park & Connswater	18:20.49	M40
11	62	Thomas Leitch	Victoria Park & Connswater	18:57.99	M45
12	23	Karl Dines	Willowfield Harriers	19:58.90	M55